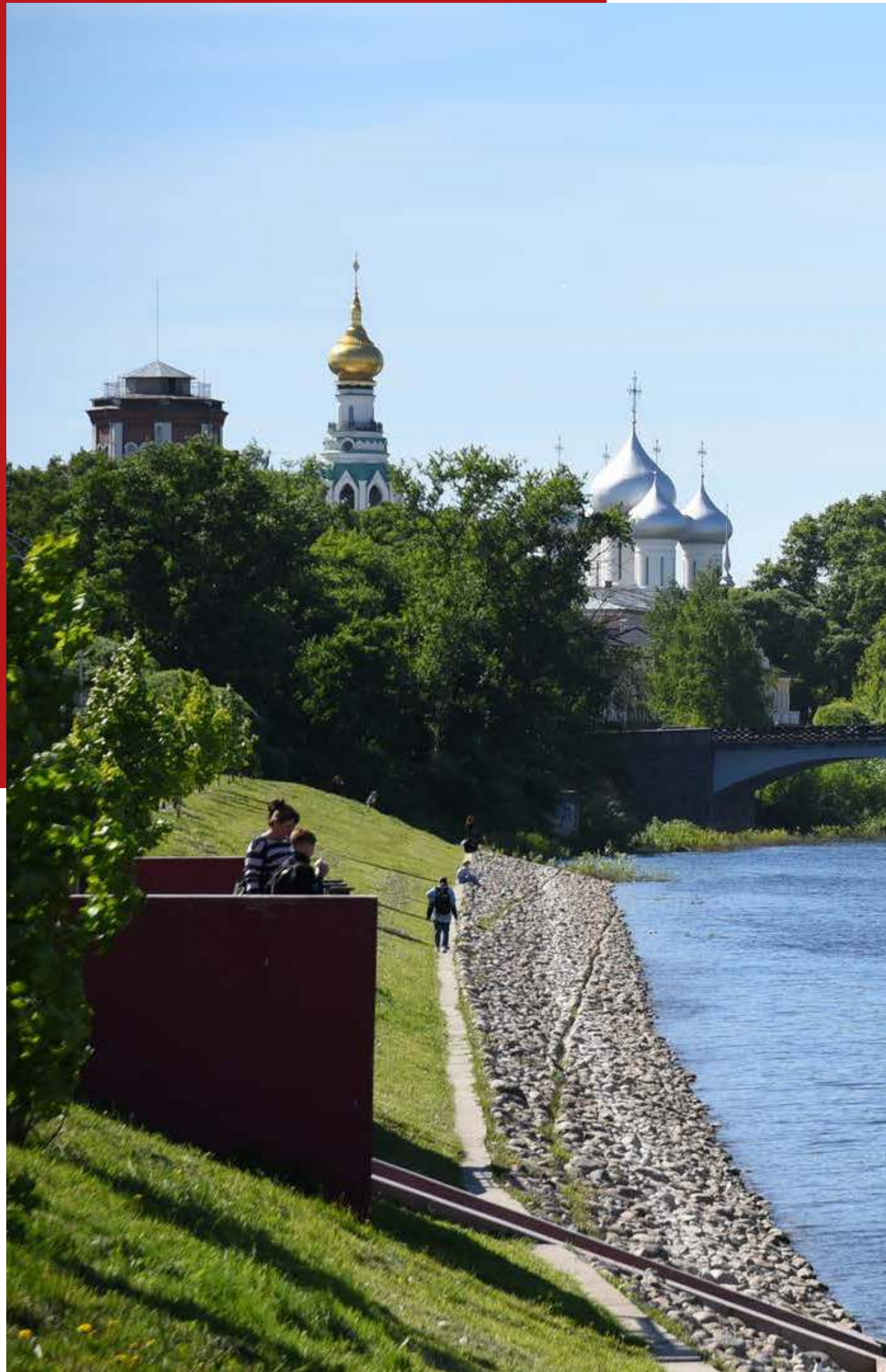




**HEALTHY CITY  
FOR HEALTHY FUTURE**







# VOLOGDA CITY IS THE CENTER VOLOGDA REGION

Area

**116 km<sup>2</sup>**

Population

**314 200 people**

Date of foundation

**1147 год**

Administrative center of

**Vologda region**

According to the  
All-Russian Front and  
Ministry of Natural  
Resources and  
Environment of Russia

**Leader of  
"Environmental  
ranking of Russian  
cities"**



# PARTICIPATION IN ASSOCIATION "HEALTHY CITIES, DISTRICTS AND TOWNSHIPS"



Member since  
**2011 года**

Chairman of the Association  
**Governor  
of Vologda region  
Oleg Kuvshinnikov**

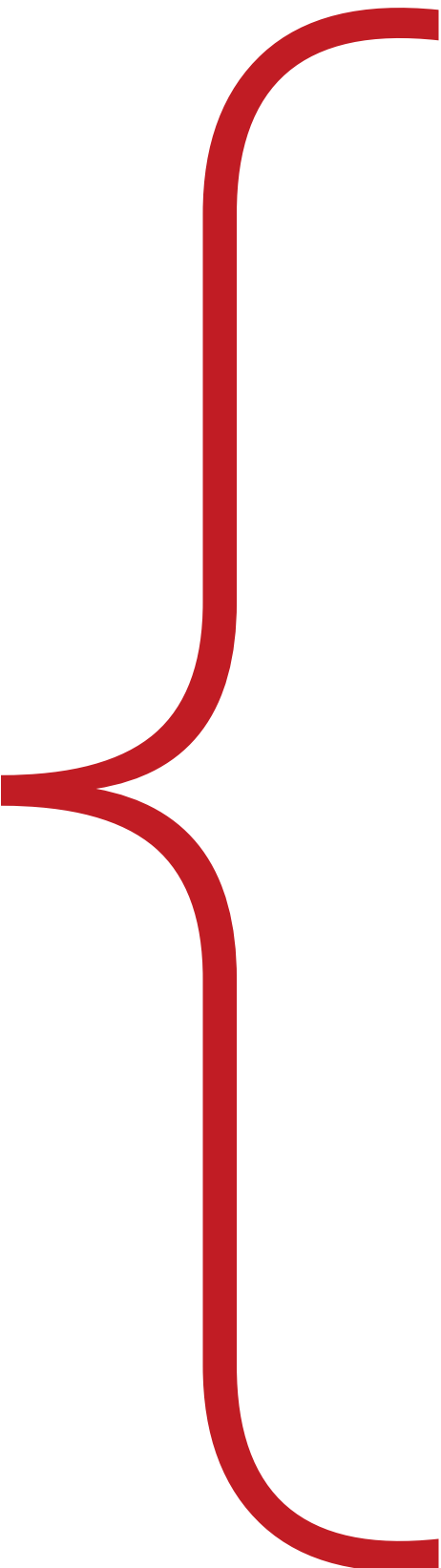




# INTERAGENCY COORDINATION COUNCIL



**Council on  
protection of  
health population  
of Vologda city**



Vologda city  
Council



Culture



Education



Health care



Social Sphere



Communication  
policy



Physical training  
and sports

**INTEGRATED PLAN TO IMPROVE PUBLIC HEALTH IN VOLOGDA CITY IN 2021-2024**

Creating a system of events to motivate the population to lead a healthy lifestyle



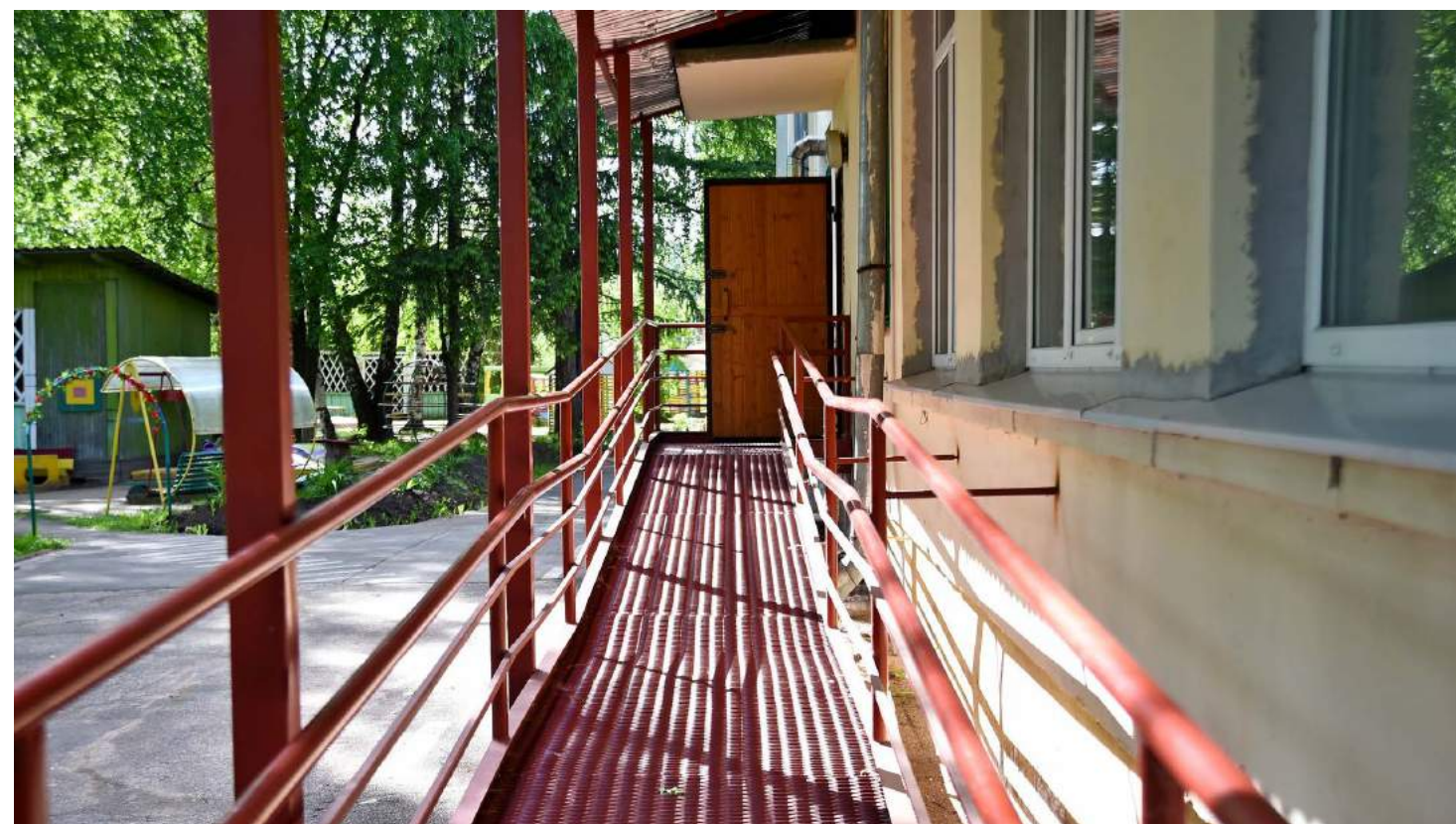
# HEALTHY ENVIRONMENT IN EDUCATIONAL ORGANIZATIONS

Kindergartens — **81**  
(24 600 children)

Schools — **42**  
(43 100 schoolchildren)

Institutions for disabled  
children — **6**  
(1 200 children)

**99 COMPENSATORY GROUPS  
IN KINDERGARTENS  
OF THE CITY FOR CHILDREN  
WITH DISABILITIES**



## BEST MUNICIPAL PRACTICES

2020 год  
**Hot lunches for  
elementary school**  
(20 000 children)

2021 год  
**Opening of  
"Resource Classroom"**  
(5 children with autism)

2021 год  
**Free swimming classes  
for second graders**  
(5 000 schoolchildren)



8 New  
kindergartens



1 kindergarten  
under construction



elementary school  
for 165 places



School  
for 1,500 places



1 school  
under construction



secondary school  
for 1,225 places



**SINCE 2017**

**2021**

**PLANNED**

document preparation phase

**CONSTRUCTION  
OF EDUCATIONAL ORGANIZATIONS**



# ACTIVE LONGEVITY



**CULTURAL AND LEISURE  
CENTER "ZABOTA"** was founded in 2011

6

branch  
offices

100

clubs

2000

senior citizens





# PHYSICAL EDUCATION AND SPORTS: MOVEMENT IS LIFE



12 health and fitness center



2 workout sites



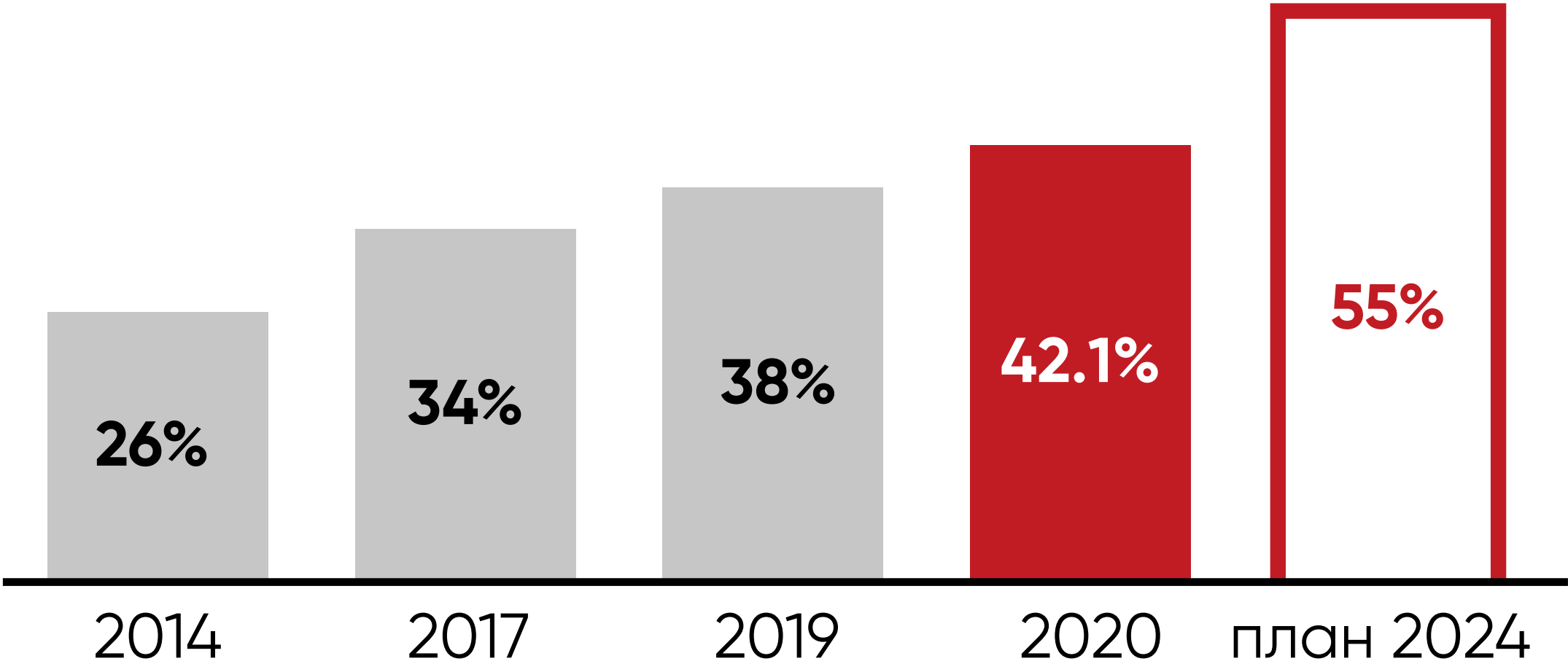
Reconstruction of "Vityaz" stadium



Construction of Ice arena

IN WORK

## CITIZENS SYSTEMATICALLY INVOLVED IN SPORTS



- Construction Sports of and Recreation Center "Golden Puck"
- Swimming pool Vologda State University
- Construction of health and fitness centers

SCHEDULED



# HEALTHCARE



## **Construction of adult and children's polyclinics**

Scheduled for construction  
in 2022–2025

## **Targeted contracts for training in medical organizations**

98 school graduates signed  
contracts in 2021

## **Support for medical employees**

preferential mortgage  
(12 people) or housing rent  
compensation (32 people)



# HEALTHY LIFESTYLE PROMOTION



Виртуальные сервисы помогут  
вологжанам нормализовать вес и  
обрести полезные привычки



Фото: ranpress.ru

С 1 по 31 октября на Вологодчине проходит кампания «Нормализация веса – путь к здоровью».

Мероприятия направлены на привлечение внимания населения к проблемам высокой избыточной массы тела и низкой физической активности.



Campaigns:

**"Smoke-Free Space"**

**"Vologda region for a Sober Way of Life"**

**"Normalizing weight – the way to health"**

Projects:

**"Preserve Life"**

(more than 10,000 participants)

**"Step to Health"**

((more than 3,000 participants))



# GREEN ECONOMY



2021 год

## THE YEAR OF ECOLOGY

Objective:

## ESTABLISHMENT OF THE ECOSTANDARD

- Creation of 10,000 jobs at eco-enterprises in 10 years;
- Reduction of carbon dioxide emissions by 30%;
- Switch to eco-transport by 2030;
- 8 free charging stations;
- Replacement of 10,000 light fixtures;
- Clean Water Project to be completed by 2024;
- 200,000 trees and shrubs to be planted by 2030



# ENVIRONMENTAL EVENTS



- International Forum "Environmental Policy of Cities"
- Creation of the "Ecological standards of the enterprise"
- "Vologda EcoFest - 2021"



# YEAR OF ECOLOGY



- **Separate collection of waste**
- **Project "Plastic Zero"**



## Green planting

Tree planting  
and bushes

## "CLEAN GAMES"



**15 games**

**3,750 participants**  
(180 participants in 2014)

**37 tons of wastes**



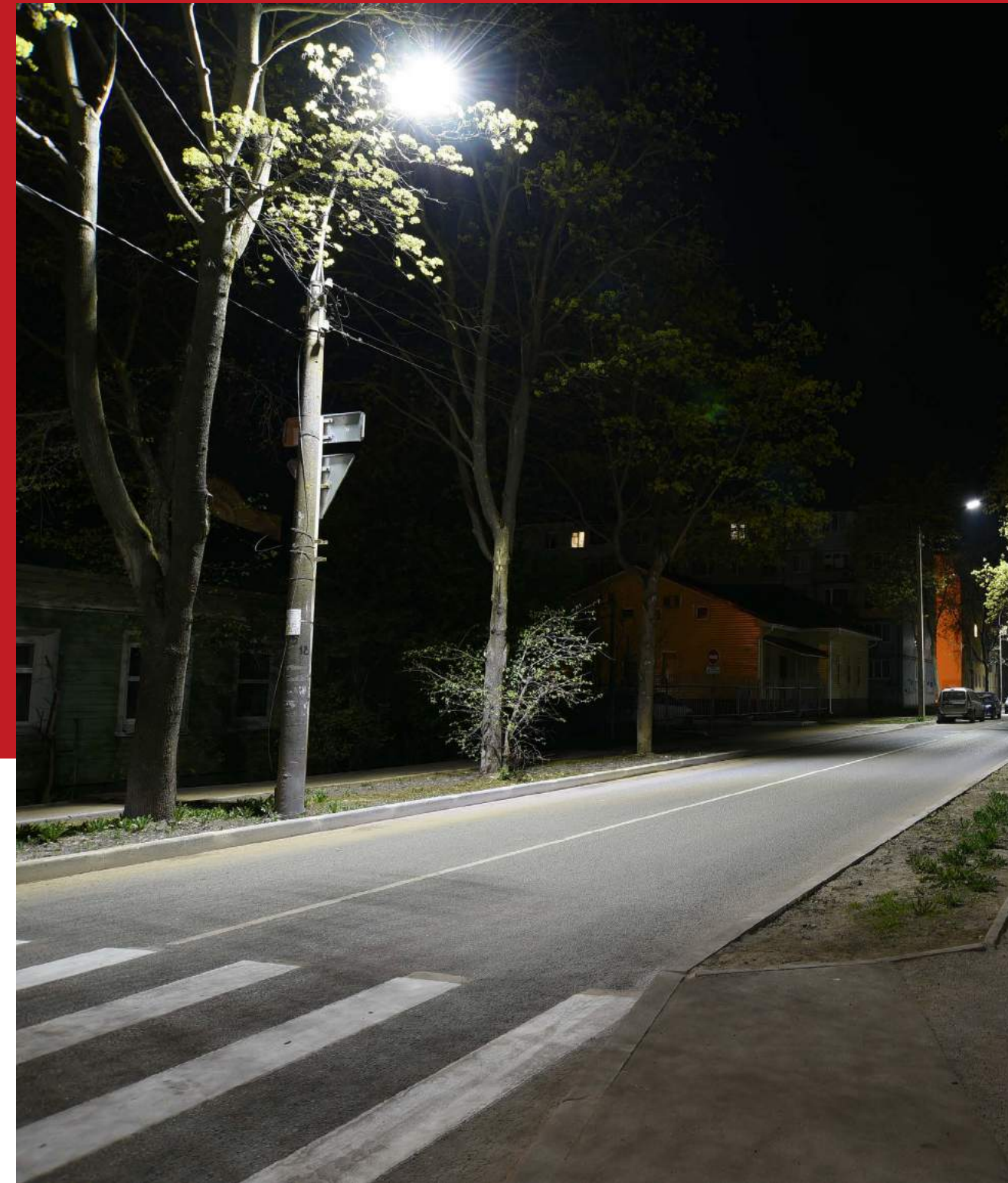
# URBAN IMPROVEMENT PROGRAM

**Index of the quality of urban environment to a level above average for the Russian Federation**



## **National Project "Safe and quality roads"**

- 28 km of repaired roads
- 50 sidewalk sections are repaired



## **Lighting of pedestrian crossings**

- 18 new sections
- on 14 sites new lightning is installed

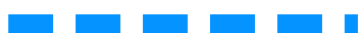


## **Yard repairs**

- from 2017 – 190 yards
- 2021 – 41 yards to a value of 177 million rubles



# CONSTRUCTION OF THE SMALL ROAD RING



Construction  
of Poet Romanov  
Street



Construction  
of a bridge in the  
alignment of  
Flotsky Lane



Construction of a road  
from Pobedy Avenue  
to Petina Street



Construction  
of a bridge in the  
alignment Nekrasova  
Street

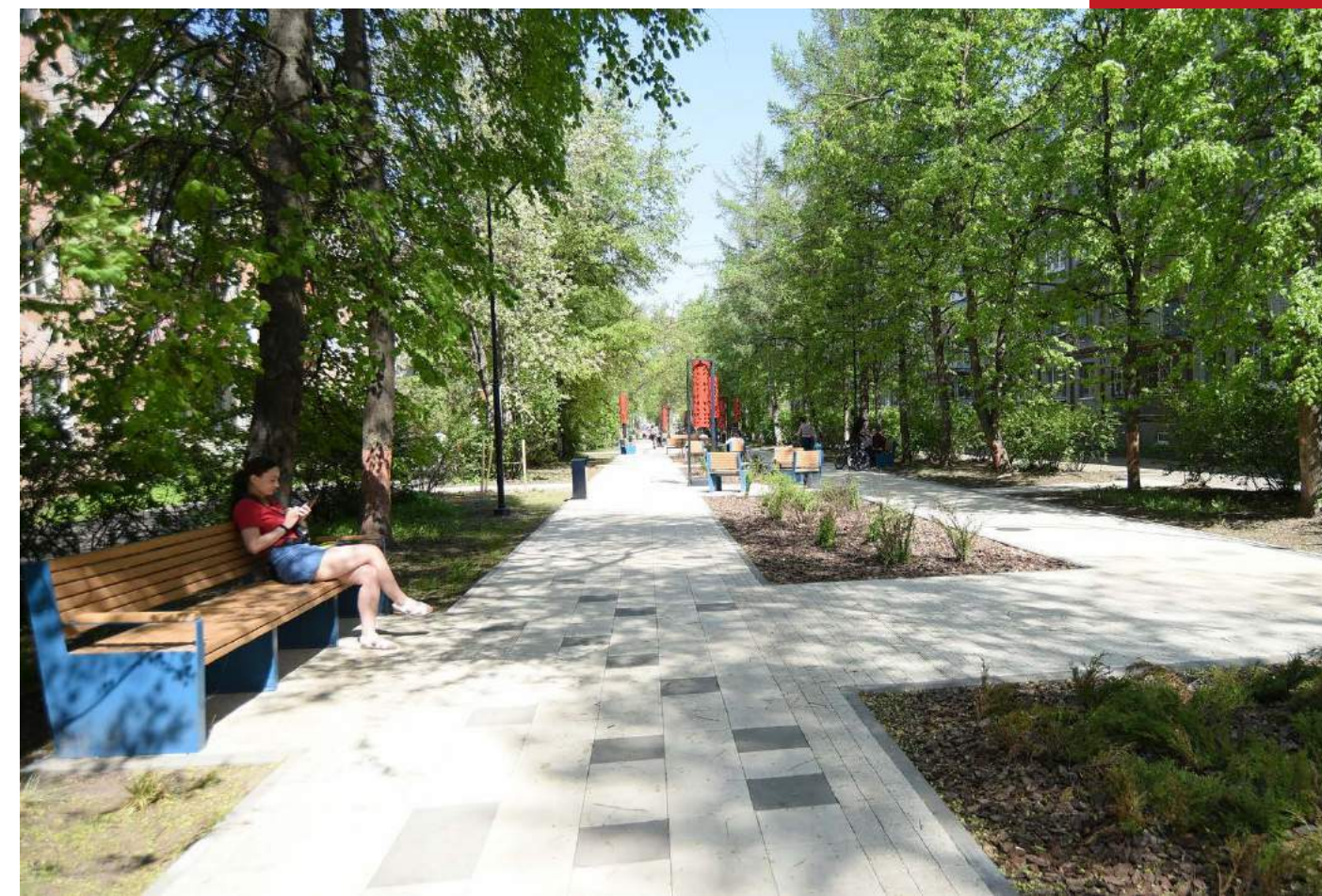




# IMPROVEMENT OF PUBLIC SPACES

2020 год  
**Reconstruction  
of Pirogov Boulevard**

**Among the best  
improvement projects**  
in the category "Street as  
public space" it is included in  
the register of the Ministry of  
Construction of Russia





# IMPROVEMENT OF PUBLIC SPACES



**Victory Park**



**Christmas park**



**Osanovskaya Grove**



# SAFE CITY

**Consequence  
severity  
factor:**

2020 год – 3,4  
(12 fatalities)

2021 год – 0,4  
(2 people died)

**Objective:**  
**0 fatalities and  
injured on the roads**

Project

**"Vologda – safety on the  
street and road network"**

**20** smart  
crosswalks



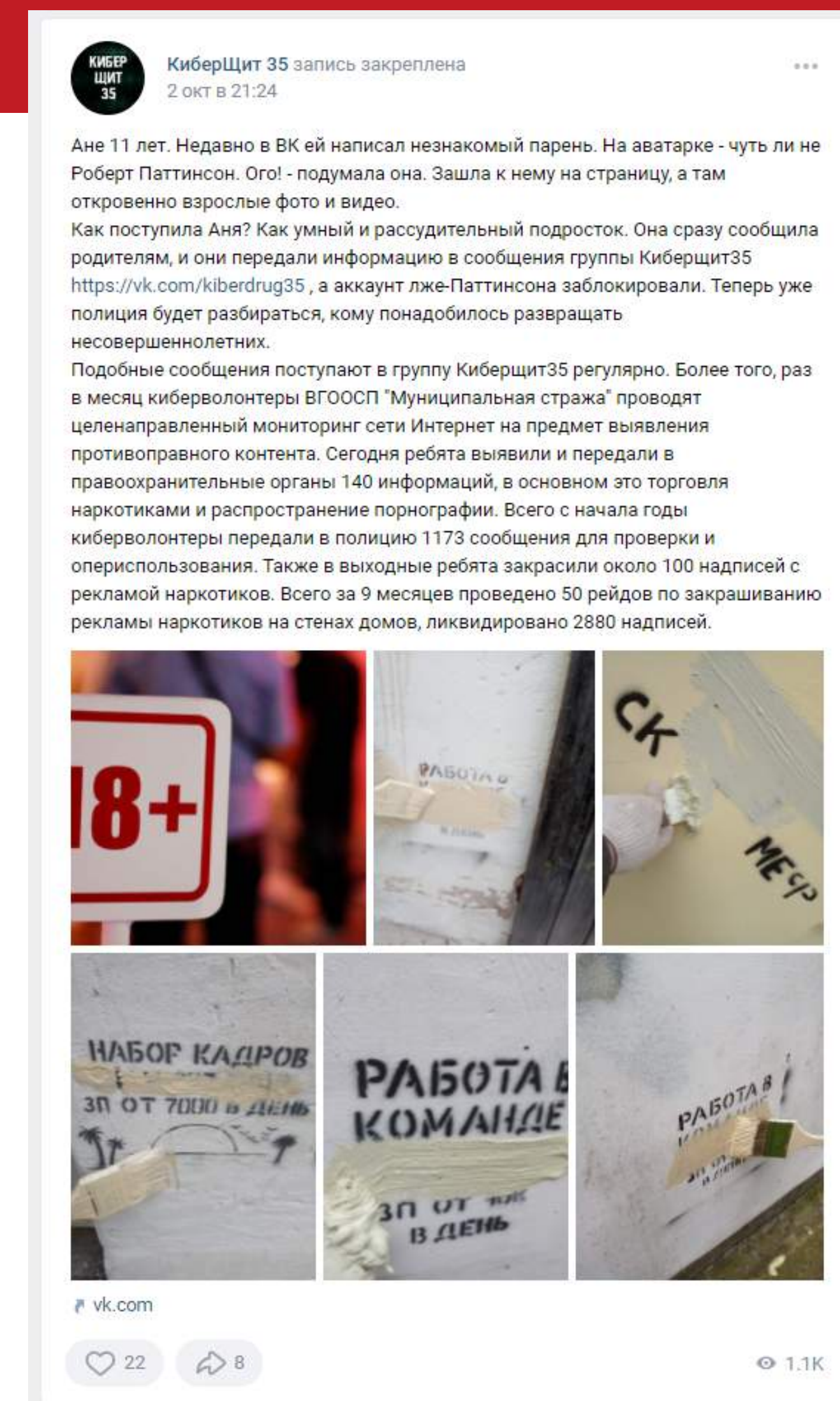
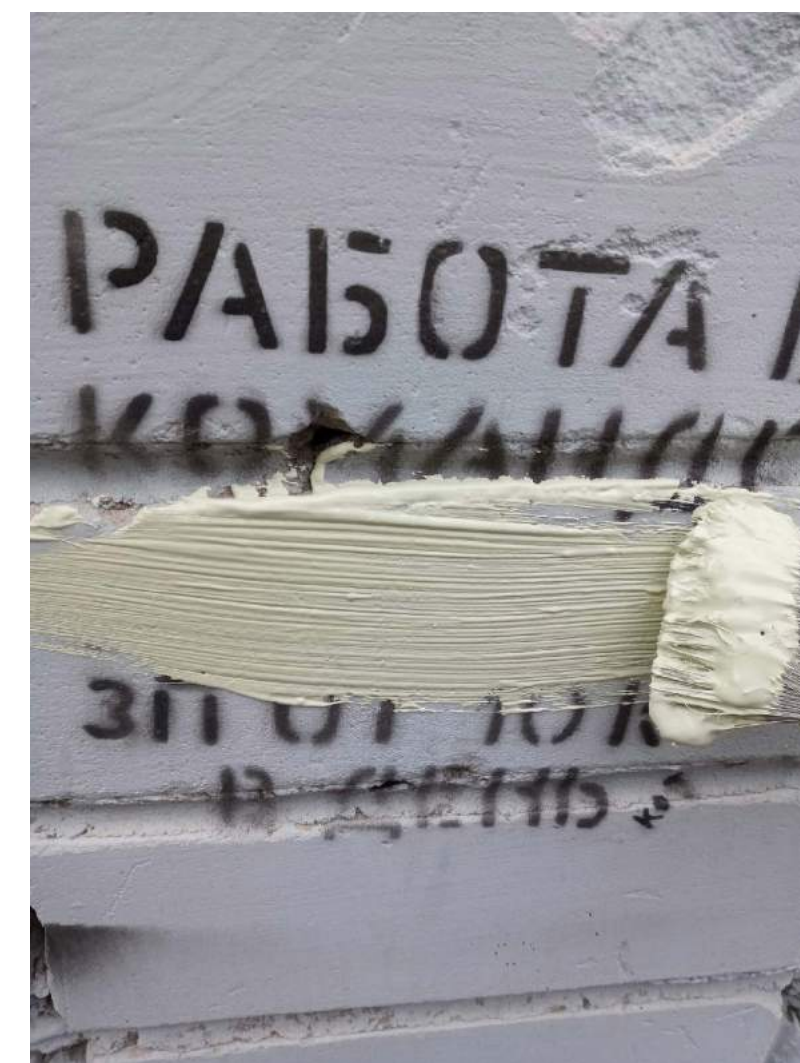
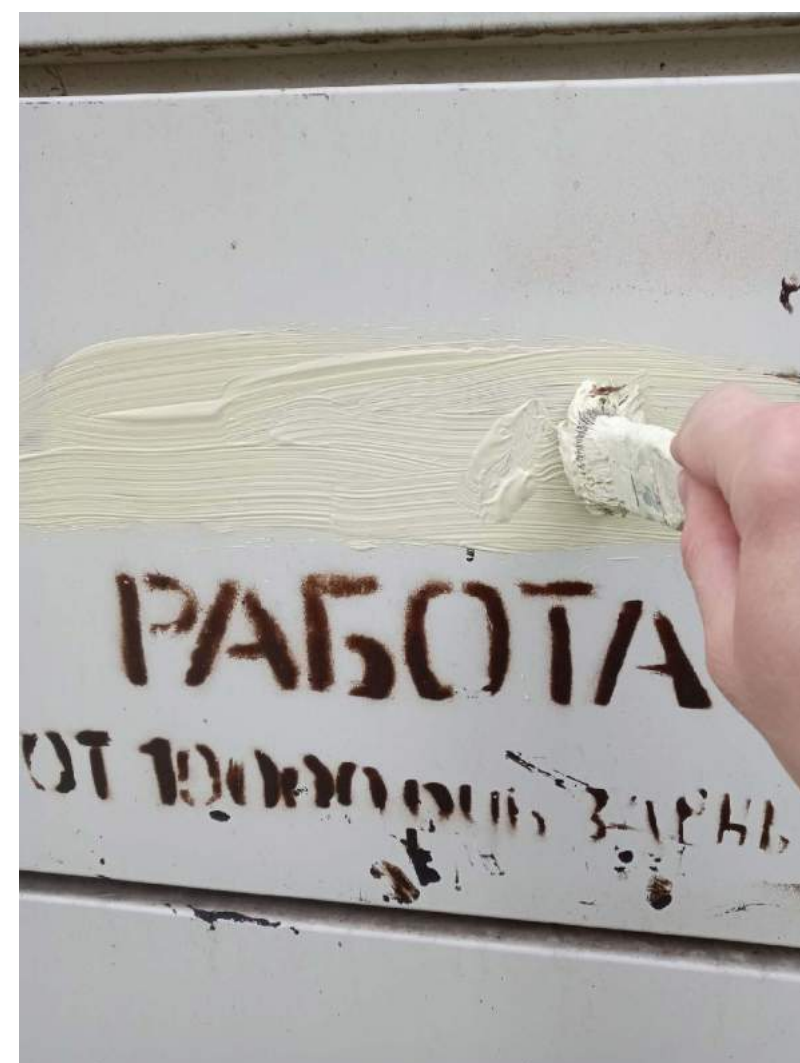
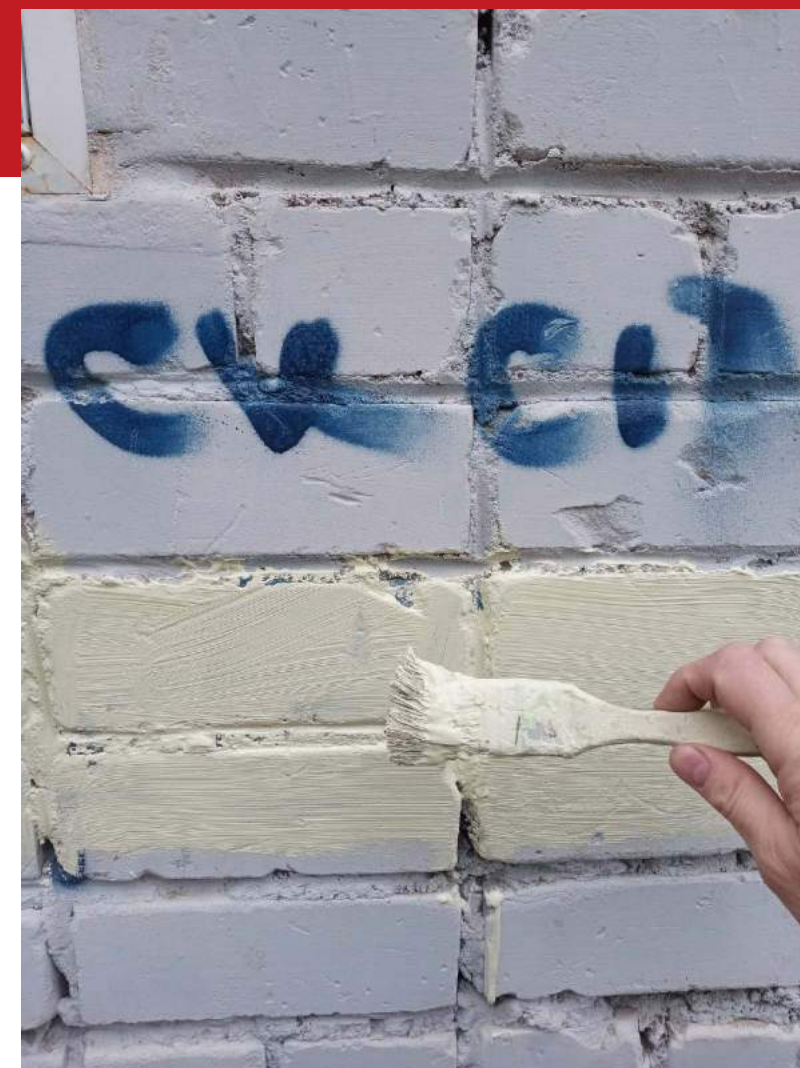


# SAFE CITY

## Project "CYBERSHIELD 35"

## Event "PAINT THE ADVERTISING OF DEATH"

Painted over  
**2 880 inscriptions**





# HIV PREVENTION



ВОЛОГОДСКАЯ ОБЛАСТЬ

Официальная группа



**Волонтеры  
медики**

Всероссийское  
общественное движение

[волонтеры-медики.рф](http://волонтеры-медики.рф)





# WORK WITH CHILDREN AND YOUNG PEOPLE



Volunteer project  
**"We are Vologda citizens!  
We vote for life!"**

Projects aimed at the  
formation of healthy  
lifestyle, development of  
available to all street  
sports:

**"Breathing of the Streets"**

Federal project  
**"Trust by Playing"**

Federal project  
**"Green Fitness"**



# CITY OF CHILDREN

the project exists  
**since 2010**

motto for 2021  
**"The City of Childhood -  
Sports city"**

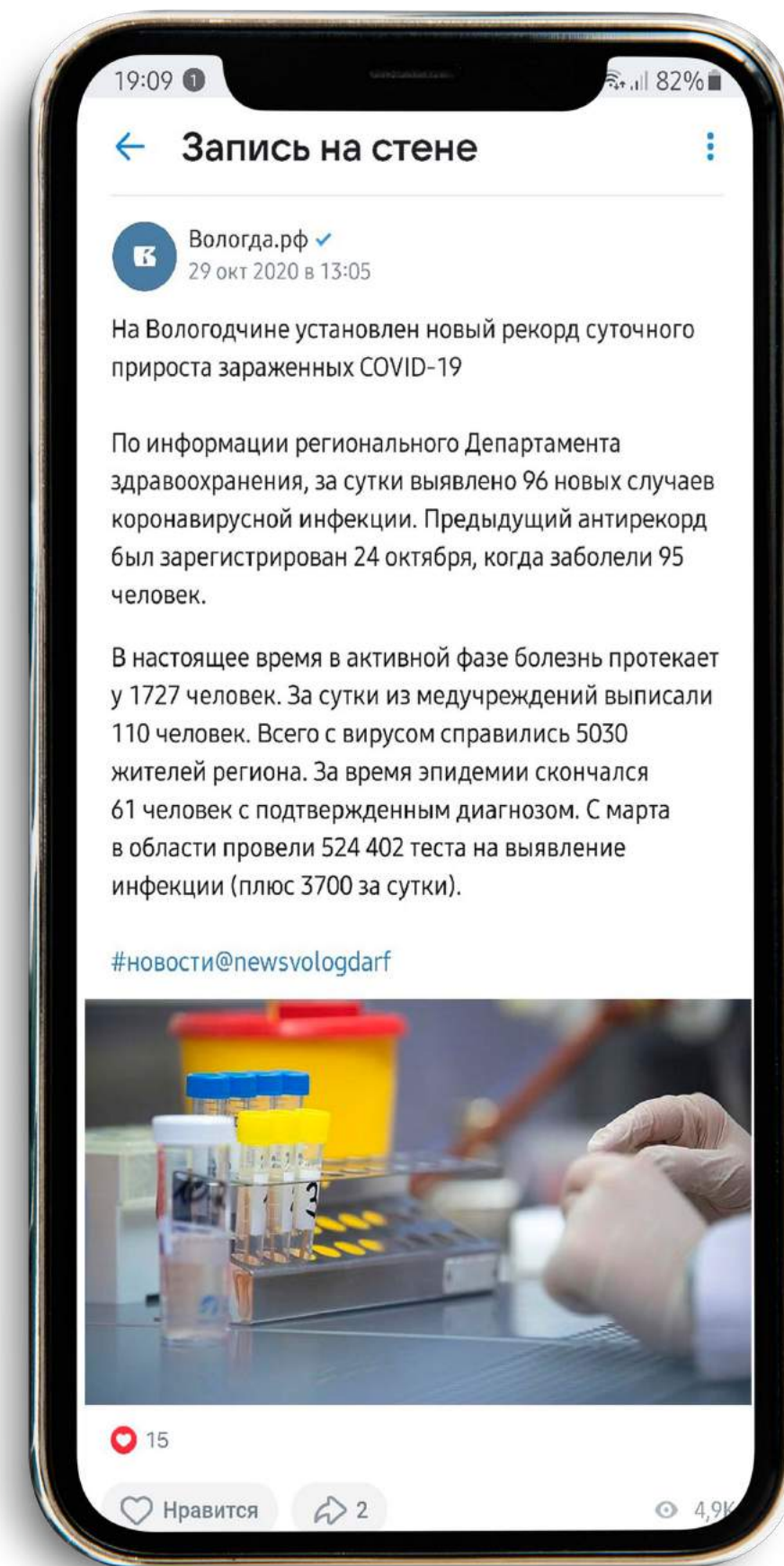
is held  
**at 69 venues in different  
parts of the city**

take part  
**26,000 children**  
(free of charge, with teachers)





# INFRPOMNG THE POPULATION ABOUT PUBLIC HEALTH



**more than 28,000 materials**  
were posted in 2020

**more than 21 thousand materials**  
were placed on the Internet

by 9 months of 2021 placed  
**more than 12,000 materials**

placed on the Internet  
**more than 10 thousand materials**



# PUBLIC HEALTH INDEX:

- To increase life expectancy at birth to 74.7 years in 2024;
- To increase the share of the population systematically involved in physical training and sports, in the total population aged from 3 to 79 years, to 55% by 2024;
- To increase the proportion disabled people who are systematically involved in physical training and sports up to 17% of the total population by 2024;
- To provide sports facilities in the amount of not less than 79 per 100,000 residents by 2024;
- To provide a number of people who are systematically involved in organized groups under the project «People's Coach», not less than 400 people ;
- To provide the share of educational institutions implementing health-saving programs, not less than 100% annually;
- To increase the share of the population provided with quality drinking water from centralized water supply system up to 100% by 2024.